Injury Management Policy

1. INTRODUCTION

The purpose of this policy is to provide guidelines for coaches and educators on the process to follow following an injury during an SPC event such as, but not limited to, a practice or a game where there is not a licenced medical professional assigned by the receiving Club to provide medical services.

2. APPLICATION

Recognizing that most of our coaches and educators are not medical professionals, in the event of a minor injury requiring first aid, or a severe injury where there is major trauma, head injury or necessity to call 9-1-1 emergency services, this protocol is to be followed.

3. PROCEDURE

a) Immediately assess the injury and administer first aid, if able.
b) If the player is a minor, contact their parents.
c) If the injury is **MINOR** (cuts, scrapes):
    - Complete the Incident & Injury Report form within 24 hours of the incident.
        - The form can be completed by one of the team's coaches, their manager or the Technical Lead (in the case of CDC). Preferably, someone who witnessed the incident and was involved in the management of the situation.
d) If the injury is **MAJOR**, (broken bones, concussion, major bleeding, etc.):
    - Remain calm and in control of the situation.
    - Instruct someone to phone 9-1-1 and perform first aid, if able, and as needed.
    - In the case of a minor, involve the parent of the player as soon as possible.
    - Contact one of the following immediately to notify them of the situation:
        - Your Technical Lead, Grassroots Manager, Technical Director or Sporting Director
    - Complete the Incident & Injury Report form within 24 hours of the incident.
        - The form can be completed by one of the team's coaches, their manager or the Technical Lead (in the case of CDC). Preferably, someone who witnessed the incident and was involved in the management of the situation.

In case of a suspected concussion or head injury, please follow the Canada Soccer Concussion Protocol detailed on pp 17 of the Canada Soccer Safety Guide, also available on the SPC website.